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A PILLOW WITH LUNGS.

ONE-THIRD of our life is spentupon a pillow.

Recuperation of the vital powers requires eight hours out of the twenty-four.

At no other time is humanity so susceptible to immediate surrounding conditions as during slee,, when muscle and brain are relaxed, taking in and storing up energy for the morrow's demands.

There are many more kinds of slumber than we dream of, from the completely refreshing to the positively hurtful. The clearest thinkers and best workers during the day are those who sleep well at night.



The Columbus Spring Pillow.

That which contributes to refreshing slumber is, therefore, cheap at any price.

The world is a trifle "slow" on the matter of pillows. Long ago stuffy feather beds were replaced with good hair mattresses. Progressive people are now looking for something better than feathers for the head, which is, after all, the "chief end" of man.

Air is the principal thing. Plenty of pure, life-giving oxygen, freely inhaled in the silent watches of the night, gives the crown of beauty to the woman, mental vigor to the man, and the halo of promise to the little folks.

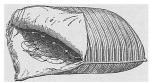
There are two main reasons why feathers, sensibly speaking, cannot make the ideal pillow.

First, they cannot be ventilated while in use. Exudations from the body and vitiated, "used-up" air from the lungs are absorbed into them to an extent that would be alarming were it well understood, and with no chance of purifying during the hours of sleep.

Secondly, they furnish no proper support for the head. Feathers cannot be made to stay where you put them. A few turns of the sleeper and most of them are wadded into the sides and corners of the case, letting the head down into the flattened and heated middle. Else why does the restless seeker after rest invariably turn his pillow over, and punch it, and pat it, and coax it up—then sigh and sink back to just where he was before?

Because his knowledge of pillows begins and ends with feathers.

The Columbus Spring Pillow is the ideal pillow. It is light, airy, clean, noiseless, odor-less and vermin proof. It consists of inner light, flexible steel springs, highly tempered but noiseless, outside of which is a soft padding, covered by strong ticking.



Pillow, open at one end, to show construction.

It is of lighter weight than the feather pillow, and is extremely delicate and sensitive, quickly yielding to the lightest pressure and adapting itself to the perfect comfort of the user. It is always distended when not under pressure, never becomes matted or inelastic, and never loses its shape.

Through the lacings at either end (from which the springs may be removed if ever necessary) a constant circulation of air is permitted, which the weight and movement of the head helps rather than retards. The effectiveness of this plan of ventilation is best shown when one hand presses the pillow, while the other is held at either lacing. The draft is copious and complete.

The padding is regularly made of long, shredded cotton, and contains no feathers. The pillow is thus relieved from any animal matter to decay. From a sanitary standpoint, this advantage can best be understood, perhaps, by those who have visited renovating establishments, and witnessed the foul, disease breeding condition which bedding sometimes reaches from natural decay, augmented by bodily exhalations.

To those who prefer hair, however, a padding filled with the very best article of this kind is obtainable.

For the baby the Spring Pillow insures ventilated comfort. It is delightfully restful, perfectly supporting, always sweet, clean and shapely.

Why bury the baby in a hotbed of feather pillows, especially in summer, when the Spring Pillow gives protection from heat as well as from cold.



A T the recent Chicago exhibition were exhibited many fine examples of fine Rookwood pottery, which were the subject of deserved praise. The Rookwood Potteries in Cincinnati were established in 1880 by Maria Longworth, whose father, Joseph Longworth was



Rookwood Pottery, with Silver Mounting.

founder of the Art School and chief patron of the Art Museum of that city. The artistic impulse which gave rise to these now famous potteries is traceable to the ceramic exhibit of Japan in the Centennial exhibition of 1876, and still shows signs of the original influence. For some time a school for porcelain painting formed an important branch of the undertaking. The goods are real faience made from clay obtained from a neighboring Ohio valley. Every workman is required to give some special character to his own productions, and as it is not the custom to make forms they seldom produce duplicates, and in this way a renowned school of American pottery has gradually gained celebri-Great value is attached to the artistic effect of the colored ground, every mixture of color being carefully studied as well as the design suitable for each particular ground. We reproduce two darkly glazed pieces superbly decorated with engraved silver mountings. Pieces of this kind were the admiration of connoiseurs as well as of the general public, and doubtless many such have found their way into thousands of artistic homes, scattered throughout the country.

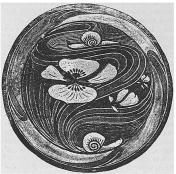


Rookwood Pottery, with Silver Mounting.



THE usual style of embroidered cushions is so well-known that any noticeable artistic departure therefrom will be hailed with pleasure. The design shown herewith for a circular cushion is extremely good. In the various bands of ornament the flowers and snails are in white, the leaves green, the background blue, and the outline golden orange. The design, carried out with artistic feeling, would create a most fascinating adjunct to the parlor sofa.

In arranging a modern interior of the Oriental variety, one has only to make the divans large enough and soft enough to serve as a bed by night, as well as a couch by day. Any ordinary carpenter can construct the framework or it can be purchased ready-made with a spring mattress attached, and this forms the best possible foundation for the hair mattress that forms the seat. The mattress may be covered with corduroy or saddle-bag upholstery, and on



Embroidery Design for Circular Cushion.

the divan so constructed are placed pillows of various sizes covered with the Oriental embroidery which Turkish women know so well how to execute, or Occidental embroidery of more original form. In the centre of the room the proper thing is a table after the Damascus pattern, with a tray for serving coffee, wine, etc.